



Status: Organized Weekly Meal Prep

Monday Meal



Ingredients to Buy



Tuesday Meal



Ingredients to Buy



Wednesday Meal



Ingredients to Buy



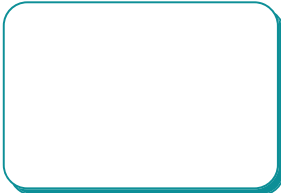
Thursday Meal



Ingredients to Buy



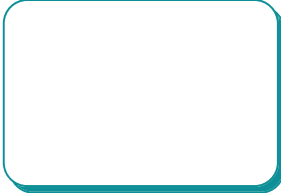
Friday Meal



Ingredients to Buy



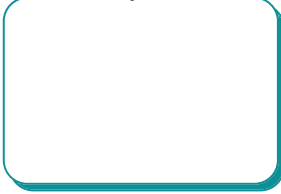
Saturday Meal



Ingredients to Buy



Sunday Meal



Ingredients to Buy





Status: Organized Weekly Shopping List



Produce

Bakery & Bread

Meat & Seafood

Cereals & Breakfast Foods

Soups & Canned Goods

Snacks & Crackers

Pasta & Rice

Oils, Spices, Condiments

Dairy, Cheese, Eggs

Frozen Foods

Drinks

Misc.

