

### Steph's Spain Packing List

Category	What	#	Weight	Wearing	Location	Used?
Clothes	Hiking pants	1	0.745	0.745	Wearing	Yes - daily
Clothes	Wool leggings	1	0.463		Green bag	Yes - cold days
Clothes	Dress	1	0.628		Neon Green bag	Yes - evenings
Clothes	Long sleeve top	1	0.278		Neon Green bag	Yes - to sleep
Clothes	Short sleeve top	2	0.492	0.246	Neon Green bag	Yes - daily
Clothes	Underwear	4	0.225	0.084	Green bag	Yes - daily
Clothes	Socks	4	0.318	0.209	Green bag	Yes - daily
Clothes	Bra	2	0.212	0.106	Green bag	Yes - daily
Clothes	Rain jacket	1	1.153		Very bottom of pack	Yes - 3x
Clothes	Fleece jacket	1	0.877	0.877	Top of pack	Yes - daily
Misc	Rock	1	0.086		Right hip pocket	Yes - Iron Cross
Pack	Osprey backpack	30L	2.62		N/A	Yes - daily
Pack	Pack rain cover	1	0.198		Front pocket	Yes - 3x
Pack	Water bladder	3L	0.412		Back pocket	Yes - daily
Pack	Money belt	1	0.13	0.13	Secret spot 😊	Yes - daily
Pack	Packing cubes	3	0.212		In pack	Yes - daily
Protective Wear	Gloves	1	0.0861		Orange bag	Yes - mornings
Protective Wear	Beanie	1	0.093		Orange bag	Yes - daily
Protective Wear	Sunglasses	1	0.064	0.064	Left hip pocket	Yes - often
Shoes	Hiking shoes	1	1.312	1.312	Wearing	Yes - daily
Shoes	Sandals	1	0.972		Middle of pack	Yes - evenings
Sleep	Sleeping bag liner	1	0.571		Bottom of pack	Yes - daily
Tech	Apple AirTag	1	0.026		Bottom of pack	Never needed buttt
Tech	Bag to hold tech	1	0.004		Inside top pocket	used to old first aid
Tech	Foldable keyboard	1	0.346		Inside top pocket	Yes - often
Tech	Phone	1	0.668	0.668	Pants side pocket	Yes - daily
Tech	Phone charger	1	0.178		Inside top pocket	Yes - daily
Tech	Spain adapter	1	0.165		Inside top pocket	Yes - daily
Tech	AirPods	1	0.123		Inside top pocket	Yes - daily
Toiletries	SPF lip balm	1	0.018	0.018	Right pocket	Yes - daily
Toiletries	Hand lotion	1	0.143		Top pocket	Yes - daily
Toiletries	Magnesium spray	1	0.187		Top pocket	Yes - often
Toiletries	Hair clip	1	0.029		Top pocket	Yes - daily
Toiletries	Bag	1	0.148		Front pocket through security	Yes - daily
Toiletries	Toothbrush	1	0.042		Toiletry Bag	Yes - daily
Toiletries	Toothpaste	1	0.203		Toiletry Bag	Yes - daily
Toiletries	Shampoo/conditioner	1	0.218		Toiletry Bag	Yes - often
Toiletries	Light Comb	1	0.033		Toiletry Bag	Yes - daily
Toiletries	Deodorant	1	0.198		Toiletry Bag	Yes - daily
Toiletries	First aid kit	1	0.185		Toiletry Bag	Yes - compeed - often
Toiletries	Muscle relief oil	1	0.095		Toiletry Bag	Yes - daily
Toiletries	Pee rag	1	0.031		Water bottle pocket	Yes - daily
Toiletries	She wee	1	0.101		Water bottle pocket	Yes - daily (!)
Toiletries	Laundry sheets	1	0.022		Toiletry bag	Yes, 4x
Toiletries	Face moisturizer/SPF	1	0.172		Toiletry Bag	Yes - daily
Toiletries	Hair ties	6	0.011		Toiletry Bag	Yes - daily
Toiletries	Razor	1	0.013		Toiletry Bag	Yes - 3x
Toiletries	Towel	1	0.198		Orange bag	Yes - often
Tools	Massage golf ball	1	0.018		Top pocket	Yes, but then no
Tools	Headlamp	1	0.139		Inside top pocket	Yes, but then no
Tools	Clothesline + S Hooks	2	0.1339		Inside top pocket	Yes, 5x
Water	Water	2	2.2		Water bladder	Yes - daily
			18.195	4.459		
			13.736		Total Pack weight w/1 Liter water	